



COCKLES FARM  
Moor to Sea!

## Discovery Adventure Green Travel Trip: 22 Ideal for an Evening Excursion

A hilly cycle ride to Moditonham Quay and the Rising Sun Public House, Botus Fleming, Nr. Saltash.



*Suitable for children 10yo +*

*Cycling experience on roads and lanes recommended*

### Duration

For as long as you choose.

### Itinerary

1. If you are staying at the bungalow then walk/cycle up the hill onto the bridgeway.
2. If you are staying in the caravan park then just turn right at the entrance, walk down to crossroad (80m) turn right and follow the lane along and up onto the bridgeway.
3. The bridgeway will bring you out on the main road (A388) next to Waitrose.
4. Take care travelling along the A388 for 200m to Carkeel turning right at the first junction.
5. Bear left at junction after 180m. Bear right at next junction on Stonewall hill.
6. Turn right at the foot of the valley sign-posted Moditonham and follow the road to the Quay.
7. Retrace to the junction and go straight on to find the pub after some 400m.
8. Retrace turning right down the hill which will take you back to Stonewall hill.
9. Once at Carkeel, turn left onto the A388 and pick up the bridgeway back home.

### Food and Drink stops

The Rising Sun, Botus Fleming (snacks only) or simply take a flask of coffee and a picnic.

Map Ordnance Survey Landranger 201

## Tips and Information

- Take your camera and binoculars.
- Please note that if taking a car that there is no room to turn on the quay. You can park at the end of the long straight just before the hill leading down to the quay.
- The views are nicer when the tide is in, but the bird-watching better with the tide is out.
- Estuary birds you can expect to see include Curlew, Whimbrel, Redshank, Greenshank, Common Sandpiper, Dunlin, Little Egret, Heron, Oystercatcher, Mallard, Shelduck, Cormorant, Terns and Gulls.
- St Mary's Church is 80m beyond the Rising Sun and an ancient village pound 100m on the right.
- There are numerous quays on the River Tamar. There are nine on this creek alone but this is the largest. Silver and Antimony, mined nearby was exported from Moditonham Quay and "Horse's Dock Dung" imported from the streets of Plymouth to fertilise local land. Botus Fleming was known as "Little Japan" due to its numerous cherry orchards.



View from Moditonham Quay



The Rising Sun Public House



## Links

Road Map <https://www.roadonmap.com/uk/where-is/Moditonham,cornwall>

The Rising Sun PH <https://www.facebook.com/TheRisingSunSaltash/>

Saltash Tide Times <https://tidetimes.org.uk/saltash-tide-times>