



COCKLES FARM  
Moor to Sea!

## Discovery Adventure Green Travel Trip: 5

The Rame Head, Kingsand, Cawsand, Mount Edgcumbe House and Country Park walk via the Cremyl Ferry and bus.

A must if you want to create an unforgettable memory of your holiday!



*An adventure with transport travel options to shorten the walk including a return trip across Plymouth Sound from Cawsand on "The Red Pig."*

*Luncheon venues: Ideal for a picnic but good local pubs, cafes and restaurants en-route.*

*Suitable for children 5yo +*

### Duration

Half a day to a full day and really worth more than one visit during your stay.

### Itinerary

1. Take the train eastbound from Saltash Station to Plymouth North Road station and walk down Armada Way to the Royal Parade Bus stops in the City Centre.
2. Alternatively catch one of the numerous buses from the bottom of Saltash Fore St. to Royal Parade in the City Centre.
3. From the City Centre, catch Bus No.34 from bus stop A2 on the south side of Royal Parade to the Cremyl Ferry. Catch the ferry across to Mt. Edgcumbe Country Park.
4. Catch bus no. 70.70A or &70B to the stop after Kingsand/Cawsand and follow the road out to Rame Head and follow the SW Coastal Footpath eastwards back to Kingsand/Cawsand.
5. Keep following the SW Coastal footpath back through the Country Park to the Cremyl ferry.
6. Return by ferry and bus to royal Parade and then by bus or train to Saltash.

## Food and Drink stops

- The Royal William Yard offers a wide range of eating houses in a wonderful waterside setting.
- The Rising Sun, Kingsand.
- The Edgcumbe Arms, Cremyl
- The Orangery, Mt Edgcumbe Country Park.

Map Ordnance Survey Landranger 201

## Tips.....

1. Check the tide times to get the full waterfront experience. Places look even better with the tides in!
2. Check rail and bus timetables to make sure you make your planned connections.
3. Wear comfortable walking shoes or boots and take wet weather gear.
4. Consider taking "The Red Pig" ferry from Cawsand beach back to Plymouth Barbican.
5. Look out for the deer herd in the Country Park and check out the French, English and Italian gardens by the waterfront.
6. A visit to Mt Edgcumbe Country Park alone is a really enjoyable experience!
7. Take a detour from the Cremyl Ferry along the road to the Royal William Yard for refreshments.



## Links

National Rail Enquiries. <https://www.nationalrail.co.uk/>

Cornwall Bus Timetable (Bus nos. 70, 70A & 70B) <https://www.transportforcornwall.co.uk/timetables/>

Plymouth City Buses (Bus No. 34) <https://www.plymouthbus.co.uk/journey-planner/network-map/>

[https://assets.goaheadbus.com/media/cms\\_page\\_media/1117/AW2%20130818%20AH%2018-5047%20SHOP%20MAP%20\[SEPT%202018\]%203500x2700mm.pdf](https://assets.goaheadbus.com/media/cms_page_media/1117/AW2%20130818%20AH%2018-5047%20SHOP%20MAP%20[SEPT%202018]%203500x2700mm.pdf)

Plymouth Boat and Ferry Trips (See the Ferries Menu) <https://www.plymouthboattrips.co.uk/>

Mount Edgcumbe Country Park <https://www.mountedgcumbe.gov.uk/>

The Royal William Yard <https://royalwilliamyard.com/>