



Discovery Adventure Car-free Green Travel Day-Trips from Cockles Farm, Saltash.

Suggested Discovery Adventure Day-trips from Cockles Farm where you can adopt a simpler, slower greener lifestyle choice for your holiday by abandoning the car and enjoying a combination of walking, cycling, train, bus or boat journeys which will lead you to some of the very special places in South East Cornwall, West Devon, Dartmoor as well as "The Ocean City" of Plymouth.

Full details are provided with our bungalow, caravan site and camping welcome packs.

1. The Tamar Valley branch railway line to Calstock and walk to Cotehele House (Nat.Trust).
2. The Tamar Valley branch railway line to Gunnislake returning via Weir Quay to Bere Ferrers.
3. Saltash to Looe and Polperro via Liskeard by train and/or bus.
4. Plymouth Barbican, Hoe and Sound to the Royal William Yard (Grade 1 Listed) walk.
5. The Rame Head, Kingsand, Cawsand, Mt.Edgcumbe walk via the Cremyl Ferry and bus.
6. The ancient Stannary town of Tavistock by bus
7. The town of Launceston with Norman castle and steam railway.
8. Train and Bus to Polruan and Fowey.
9. Train to Totnes, boat to Dartmouth stopping off at Greenways (Nat. Trust, Agatha Christie)
10. Train to Newton Abbot and on to the Paignton branch-line. Paignton to Dartmouth ferry to Dartmouth Town then to Totnes for return by train?
11. Train to the seaside towns of Dawlish and Teignmouth with coastal footpath walk.
12. Train, cycle, bus, ferry to Antony House, Nr Torpoint (National Trust)
13. Train and cycle to Charlestown, Near St.Austell.
14. Train from Saltash to St Erth and branch line to St Ives (Best to avoid peak season).
15. Bus via Plymouth to Newton Ferrers/Noss nMayo for coastal and River Yealm walk.
16. Various boat trips from Plymouth Barbican along the River to and up the River Tamar.
17. Ferry from Plymouth Barbican to Mount Batten and short walk to Jennycliff Cafe
18. Other river trips?
19. Fishing from Looe via rail or Plymouth Barbican via bus
20. Beaches at Whitsand Bay, Seaton or Looe.
21. Plymouth City Centre, Shopping and visit to the Box (£46m Museum and The Barcode (Imax cinema and restaurants)
22. Tamar Trails, mountain bike cycle routes – Gunnislake.
23. Drakes Trail – cycle route – Plymouth to Tavistock
24. Dare you take the Lower Fore Street, Trematon Castle Hill and Ziggerson Hill triple cycle challenge – (All nearing 30% or a 1 in 3 gradient in old money!)

Evening Excursions

25. China Fleet Country Club riverside walk.
26. Moditonham Quay and the Rising Sun PH, Botus Fleming (adding in Ziggerson Hill?)
27. River Tamar boat trip from the historic Plymouth Barbican
28. Saltash Waterfront for a walk and a glass of wine.

We have prepared a detailed sheet for each trip which is available in our Welcome Packs.

