



Discovery Adventure Green Travel Trip: 3

Unique Looe with beach, river and fishing port and the quaint old Cornish fishing village of Polperro.

Saltash to Looe and Polperro via Liskeard by train and/or bus.



A adventure with public transport travel options and plenty of choices to meet your own interests and energy levels.

*Walking, beaching, shops, sea fishing, boat trips, SW Coastal footpath, Luncheon venues & Picnicking spots en-route.
Suitable for children 5yo +*

Duration

A full day

Itinerary

1. Take the train westbound from Saltash Station to Liskeard. Transfer to the Looe Branch line.
2. You can also catch the bus (No. 72) from Saltash to Looe. Lovely countryside and coastal views throughout.
3. Arriving at West Looe walk through the town to the beach and Banjo Pier sauntering back along the river and harbour. Pick up a pasty, coffee, ice-cream or punnet of sea-food en-route.
4. Either take the SW Coast footpath via East Looe or bus to Polperro.
5. Return via bus from Polperro to Saltash or to Looe and back by train.

Food and Drink stops

Plenty of pub's, restaurants, café's and food and drink shops in Looe and Polperro.

The Blue Peter Inn, Polperro harbour.

The Ship Inn, Polperro.

The Crumplehorn Mill Inn, Polperro

Map Ordnance Survey Landranger 201

Tips.....

Check the tide times to get the full riverside experience. Places look even better with the tides in!
Check rail and bus timetables to make sure you make your planned connections.
Allow 2 hours for the SW Coast footpath walk from Looe to Polperro.
Looe beach is lovely for young children but is busy peak season.



Links

SW Coastal Footpath Looe to Polperro. <https://www.southwestcoastpath.org.uk/walksdb/15/>

National Rail Enquiries. <https://www.nationalrail.co.uk/>

Bus Timetable (Bus no. 72.) <https://www.transportforcornwall.co.uk/timetables/>

Looe. <https://www.cornwalls.co.uk/looe>

Polperro. <https://www.cornwalls.co.uk/polperro>